Roasted Vegetable Soup

Water, Sweet Potatoes, Onion, Potatoes, Zucchini, Savoy Cabbage, Celery, Carrots, Extra Virgin Olive Oil, Olive Oil, Parsley, Sea Salt, Garlic, Lemon Juice, Black Pepper, Dried Marjoram, Thyme, Nutmeg, Allspice, Bay Leaves, Cloves.

Cal: 170	**Total Fat: 11g**	**Sat Fat: 1.5g**	**Trans Fat: 0g**	**Chol: 0mg**
Sodium: 740mg	**Total Carb: 18g**	**Fiber: 2g**	**Sugars: 6g**	**Protein: 2g**

Nutritional information based on 1 cup (8oz) serving.

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