

North Atlantic Haddock Chowder

Fish Stock (water, cod bones, haddock bones, onions, celery, black pepper, thyme, mustard seed, bay leaves), Light Cream (milk, cream), Haddock, Potatoes, Onions, Celery, Butter (cream, salt), Wheat Flour, Sea Salt, Garlic, White Pepper, Pepper Sauce (distilled vinegar, red pepper, salt), Dried Thyme, Dried Dill. **Contains Fish, Milk, Wheat.**

Cal: 250	Total Fat: 17g	Sat Fat: 10g	Trans Fat: 0.5g	Chol: 90mg
Sodium: 640mg	Total Carb: 13g	Fiber: 1g	Sugars: 4g	Protein: 12g

Nutritional information based on 1 cup (8oz) serving.

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