

Chicken & Dumpling Soup

Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Chicken Meat (dark and light meat), Dumplings (durum wheat flour, water, eggs, wheat gluten, salt), Carrots, Onions, Celery, Chicken Fat, Rice Flour, Sea Salt, Parsley, White Pepper, Nutmeg. **Contains Eggs and Wheat.**

Cal: 240	Total Fat: 11g	Sat Fat: 3.5g	Trans Fat: 0g	Chol: 60mg
Sodium: 700mg	Total Carb: 20g	Fiber: 1g	Sugars: 2g	Protein: 13g

Nutritional information based on 1 cup (8oz) serving.

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