Chicken Vegetable Soup with Rice

Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Chicken Meat, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Carrots, Onions, Zucchini, Yellow Squash, Celery, Parboiled Long Grain Rice, Cauliflower, Broccoli, Green Beans, Golden Wax Beans, Corn, Peas, Asparagus, Parsnips, Water, Chicken Fat, Sea Salt, Rice Starch, Scallions, Basil, Parsley, White Pepper, Dried Thyme, Bay Leaves, Dried Tarragon.

Cal: 90	**Total Fat: 2.5g**	**Sat Fat: 0.5g**	**Trans Fat: 0g**	**Chol: 15mg**
Sodium: 550mg	**Total Carb: 11g**	**Fiber: 2g**	**Sugars: 2g**	**Protein: 7g**

Nutritional information based on 1 cup (8oz) serving.

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