Chicken Tikka Masala Soup

Chicken Stock (water, chicken bones, onions, celery, carrots, sea salt, garlic, parsley, white pepper, thyme, bay leaves, marjoram), Chicken (dark meat), Onions, Diced Tomatoes (tomatoes, tomato juice, salt, citric acid), Potatoes, Tomato Paste, Peas, Ground Tomatoes (tomatoes, salt, citric acid), Butter (cream, salt), Ginger Puree (ginger, water), Heavy Cream (cream, fat free milk), Garlic Puree, Sea Salt, Canola Oil, Rice Flour, Cilantro, Curry Powder (spices, salt), Garam Masala (spices, turmeric, canola oil), Jalapeno Peppers, Lemon Juice, Cumin Seeds, Coriander, Cumin, Smoked Paprika, Cane Sugar, Turmeric, Cardamom, Cinnamon, Bay Leaf. **Contains Milk.**

Cal: 220	**Total Fat: 11g**	**Sat Fat: 5g**	**Trans Fat: 0g**	**Chol: 50mg**
Sodium:1080mg	**Total Carb: 20g**	**Fiber: 4g**	**Sugars: 7g**	**Protein: 11g**

Nutritional information based on 1 cup (8oz) serving.

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